



The Alice Springs Region has an extensive network of cycling and walking paths. With the region's generally flat terrain, relatively short distances and good climate, cycling and walking are good options for both transport and keeping fit. Cycling or walking to work or study or other short trips is good for the environment, health and our local communities

This map is a guide for exploring the region's cycle and walking path networks and links to key places of interest. To plan your cycling and walking journey online you can use www.google.com.au/maps



Path information - All Northern Territory paths are shared cyclist and pedestrian paths and this means cyclists and pedestrians can use all paths (unless

bicycles are prohibited by a 'No bicycle' sign). Cyclists must keep left and give way to pedestrians must look out for cyclists and give room for cyclists to pass. Cyclists and pedestrians should keep left on paths and overtake other path users to the right.

The map shows paths of varying standards including separate, off-road paths and narrower paths. Be aware of varying path conditions and other users. There are ongoing programs to maintain and develop the region's cycling and walking path networks.

Report path problems or maintenance issues on NT Government paths at

nt.gov.au/driving/public_transport_cycling or contact the Department of Infrastructure, Planning and Logistics on: **08 8924 7965** or: **transport.cycling@nt.gov.au**



Cycling Safety - for a person under 17 years of age, an approved, correctly fitted and fastened helmet must be worn at all times while riding. For a person

17 years of age or older, an approved correctly fitted and fastened helmet must be worn at all times while riding on a road or on a bicycle lane that forms part of a road. These helmet requirements also apply to any person being carried on a bicycle. An approved helmet complies with Australian Standard AS/NZS 2063.

Bicycles must have a bell and when cycling at night, a red reflector, a head light and a tail light.



Be prepared - The climate in Alice Springs can sometimes be extreme with intense heat in the summer months. Check distances and weather

before heading off and carry and drink plenty of water. Avoid longer rides between the hottest time of the day (between 11.00 and 14.00). Some paths are relatively isolated, so be prepared and carry bicycle spares. **In an emergency call 000.**

For more information on cycling in the Northern Territory visit: www.nt.gov.au/driving/public_transport_cycling

Or contact us at:

NT Department of Infrastructure,
Planning and Logistics

Telephone: 08 8924 7965 Email: transport.cycling@nt.gov.au Post: GPO Box 2520, Darwin, NT 0801

