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<b>Department of Transport</b> (08) 8924 7965 www.transport.nt.gov.au/ activetransport/cycling	For general information about cycling in the Northern Territory.
<b>Report a Fault</b> www.transport.nt.gov.au/active transport/cycling/report-a-fault	To report cycle path hazards and maintenance issues.
<b>Public Transport</b> (08) 8924 7666 www.nt.gov/publictransport	Information about bus timetables and journey planner.
<b>Alice Springs Town Council</b> (08) 8950 0500 www.alicesprings.nt.gov.au	For information about cycling and walking in Alice Springs.
<b>Tourism Central Australia</b> 1800 645 199 or (08) 8952 5800 www.discovercentralaustralia.com	For tourist and bike hire information.
<b>Parks and Wildlife Commission NT</b> (08) 8951 8250 www.parksandwildlife.nt.gov.au	Information about cycling and walking in Parks and Reserves.

## Useful Contacts



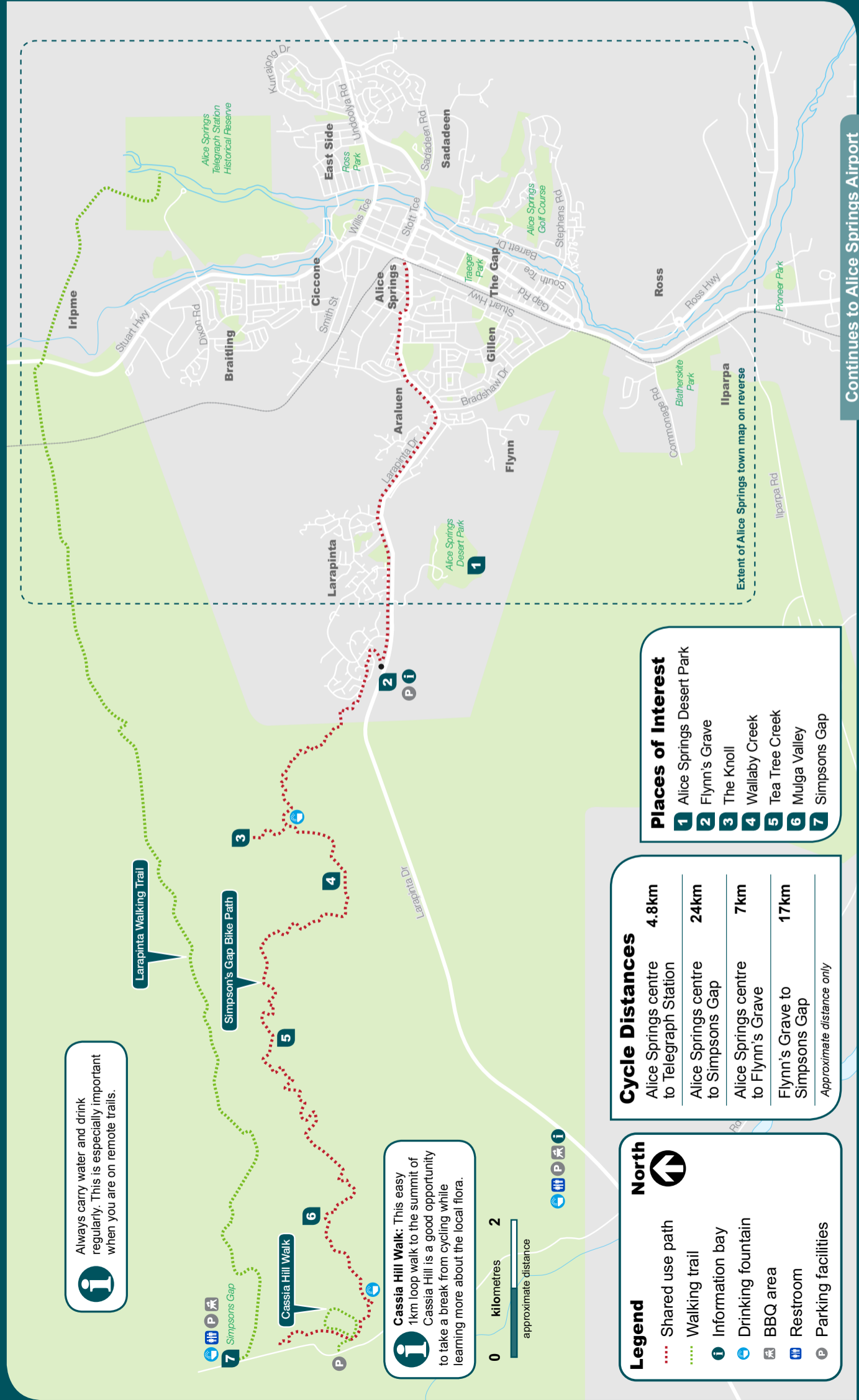
September 2014



**Alice Springs Region**  
**Cycling and walking map**  
 A guide for cyclists and pedestrians showing shared use paths for the Alice Springs Region.



www.transport.nt.gov.au



Continues to Alice Springs Airport

The Alice Springs Region has an extensive network of cycling and walking paths. With the region's generally flat terrain, relatively short distances and good climate, cycling and walking are good options for both transport and keeping fit. Cycling is popular in the Northern Territory. The Australian Bicycle Council's 2013 cycling participation survey showed that more people cycle for transport in a typical week in the NT (per capita) than in any other state or territory. Cycling or walking to work or study or other short trips is good for the environment, health and our local communities.

This map is a guide for exploring the region's cycle and walking path networks and links to key places of interest. To plan your cycling and walking journey online you can use [www.google.com.au/maps](http://www.google.com.au/maps)

**Path information** – All Northern Territory paths are shared cyclist and pedestrian paths and this means cyclists and pedestrians can use all paths (unless bicycles are prohibited by a 'No bicycle' sign). Cyclists must keep left and give way to pedestrians on all paths and pedestrians must look out for cyclists and give room for cyclists to pass. Cyclists and pedestrians should keep left on paths and overtake other path users to the right.

The map shows paths of varying standards including separate, off-road paths and narrower paths. Be aware of varying path conditions and other users. There are ongoing programs to maintain and develop the region's cycling and walking path networks.

Report path problems or maintenance issues on NT Government paths at [www.transport.nt.gov.au/activetransport/cycling/report-a-fault](http://www.transport.nt.gov.au/activetransport/cycling/report-a-fault) or contact the Department of Transport on: **08 8924 7965** or: [transport@nt.gov.au](mailto:transport@nt.gov.au). For Council paths contact Alice Springs Town Council on 8950 0500.

**Cycling safety** – for a person under 17 years of age, an approved, correctly fitted and fastened helmet must be worn at all times while riding. For a person 17 years of age or older, an approved correctly fitted and fastened helmet must be worn at all times while riding on a road or on a bicycle lane that forms part of a road. These helmet requirements also apply to any person being carried on a bicycle. An approved helmet complies with Australian Standard AS/NZS 2063.

Bicycles must have a bell and when cycling at night, a red reflector, a head light and a tail light.

**Be prepared** – The climate in Alice Springs can sometimes be extreme with intense heat in the summer months. Check distances and weather before heading off and carry and drink plenty of water. Avoid longer rides between the hottest time of day (between 11.00 and 14.00). Some paths are relatively isolated, so be prepared and carry bicycle spares. **In an emergency call 000.**

For more information on cycling in the Northern Territory visit: [www.transport.nt.gov.au/activetransport/cycling](http://www.transport.nt.gov.au/activetransport/cycling)

Or contact us at:  
**NT Department of Transport**  
 Telephone: 08 8924 7965  
 Email: [transport@nt.gov.au](mailto:transport@nt.gov.au)  
 Post: GPO Box 2520, Darwin, NT 0801  
 Report cycle path faults at [www.transport.nt.gov.au/activetransport/cycling/report-a-fault](http://www.transport.nt.gov.au/activetransport/cycling/report-a-fault)



**i** Always carry water and drink regularly. This is especially important when you are on remote trails.

**i** **Cassia Hill Walk:** This easy 1km loop walk to the summit of Cassia Hill is a good opportunity to take a break from cycling while learning more about the local flora.

- Places of Interest**
- 1 Alice Springs Desert Park
  - 2 Flynn's Grave
  - 3 The Knoll
  - 4 Wallaby Creek
  - 5 Tea Tree Creek
  - 6 Mulga Valley
  - 7 Simpsons Gap

**Cycle Distances**

Alice Springs centre to Telegraph Station	4.8km
Alice Springs centre to Simpsons Gap	24km
Alice Springs centre to Flynn's Grave	7km
Flynn's Grave to Simpsons Gap	17km

*Approximate distance only*

- Legend**
- Shared use path
  - Walking trail
  - Information bay
  - Drinking fountain
  - BBQ area
  - Restroom
  - Parking facilities

### Legend

- ⋯ Shared use path
- ⋯ Unsealed bike path
- ⋯ Mountain bike trail
- ⋯ Walking trail
- i Information bay
- b Bus interchange
- r Railway station
- b Bike hire
- f Drinking fountain
- bbq BBQ area
- r Restroom
- p Parking facilities
- s School
- e Educational institution
- + Medical centre
- s Shop/Shopping centre

North



0 kilometres 1  
approximate distance

### Trail Distances

- |   |                  |        |
|---|------------------|--------|
| 1 | Ilentye Trail    | 4.9km  |
| 2 | Arrwe Trail      | 7.7km  |
| 3 | Tyape Trail      | 8km    |
| 4 | Apwelantye Trail | 10.3km |

For further information see [www.parksandwildlife.nt.gov.au/parks/walks/bike-trails](http://www.parksandwildlife.nt.gov.au/parks/walks/bike-trails)

### Frank McEllister Park Inset Map



### Cycle Distances

- |  |       |
|--|-------|
| Alice Springs centre to Alice Springs Desert Park      | 7.5km |
| Alice Springs centre to Alice Spring Telegraph Station | 4.8km |
| Alice Springs centre to Heavitree Gap                  | 4.5km |

Approximate distance only

### Places of Interest

- 1 Alice Springs Aquatic and Leisure Centre
- 2 Alice Springs Desert Park
- 3 Alice Springs Public Library
- 4 Alice Springs School of the Air
- 5 Alice Springs Telegraph Station
- 6 Alice Springs Velodrome
- 7 Anzac Hill Memorial
- 8 Araluen Cultural Precinct
- 9 Arunga Park Speedway
- 10 Billygoat Hill
- 11 Heavitree Gap Historical Police Station
- 12 Museum of Central Australia
- 13 Old Alice Springs Gaol
- 14 Olive Pink Botanic Garden
- 15 Royal Flying Doctor



Always carry water and drink regularly. This is especially important when you are on remote trails.

