

7 day - 6 night Ultimate Free Spirit Adventure



Ideal for: Solo travellers, FITs, active adventurers

Best for travel: April–October (comfortable for inland and coastal touring)

Getting around: Self-drive (2WD accessible), hire car or camper

Pace: Active – sunrise starts, trekking, water adventures, flexible itinerary

DAY ONE

SUGAR CANE AND SEASIDE SUNSETS

Hit the ground running in Mackay Isaac by embarking on a true farm-to-plate experience at **Oh Deere Farm Stay**. This interactive tour of a working sugar cane farm will give you a taste of life on the land and a newfound appreciation of the hard work it takes to put food on our tables.

Travel onwards to **Cape Hillsborough National Park** for your beachside accommodation. For dinner, head to the **Mount Jukes Family Farm** for some authentic Italian pizzas.

Stay: Cape Hillsborough Nature Tourist Park

DAY TWO

GET BACK TO NATURE

Start your day with an unforgettable experience soaking up sunrise with the wallabies and kangaroos on the beach, before heading out on the coastal walking trails to breathtaking ocean views.

Travel to **Mt Jukes Eco Retreat**, a secluded sanctuary that will help you disconnect and unwind. Join a day retreat to enjoy yoga, breath-work, meditation, sauna, creek dips and more, and relax in your private glamping tent with sweeping views to Mt Jukes.

Stay: Mt Jukes Eco Retreat

DAY THREE

HIT THE TRAILS

Enjoy a scenic drive through the Pioneer Valley to **Finch Hatton**. Hit the mountain bike trails with bike hire and transfers in town, eat as the locals do with a cooking class or pub lunch, and venture to **Finch Hatton Gorge** for rainforest walks and cool swimming holes to explore.

Venture further up the valley to **Eungella National Park**, one of the best places in Australia to spot the elusive platypus in the wild. Visit **Broken River**, embark on a rainforest walk, and soak up the valley views from the **Sky Window**.

Stay: Eungella Cabins

Prefer guided experiences?

Join Mackay Adventure Tours for their Beach Sunrise with the Wallabies tour to Cape Hillsborough and/or their Platypus Paradise Tour through Finch Hatton and Eungella.



DAY FOUR

CITY EXPLORERS

Return to Mackay, where you can speed things up or slow things down! Lounge by the pool at the **Bluewater Lagoon**, stroll through the **Mackay Regional Botanic Gardens**, check out the colourful **Fifth Lane street art** murals, and enjoy lunch at one of the many cafés and restaurants in the city heart. Speed things up with a jet boat ride on **Purple Thunder** for adrenaline-pumping drifts and turns, or visit **Wake House Australia** for wakeboarding and lakeside brews.

In the afternoon, travel south to experience a sugar cane mill in miniature at the award-winning **Sarina Sugar Shed**. Enjoy a guided tour, learn about the harvesting process, and taste some sweet treats and brews before returning to Mackay.

Check into your accommodation – opt for social hangs at **Mackay Adventure Lodge**, escape the hustle and bustle for a quite beachfront stay at **Comfort Resort Blue Pacific**, stay inner city at **Rydges Mackay Suites** or **Quest Mackay on Gordon**, or treat yourself to beachfront views at **Ocean International Hotel** with their on-site Oceans Bar & Restaurant.

Stay: Mackay



📍 Lords Table Mountain, Isaac

DAY FIVE

ISLAND ADVENTURES

Escape the crowds to explore pristine coastlines and secluded islands on a full day tour with **Endless Days Private Charters**. Snorkel, swim and sightsee, visiting stunning islands like Keswick and St Bees. Finish the day with a delicious dinner overlooking the Mackay Marina.

Stay: Mackay

DAY SIX

STEP BACK INTO GOLD RUSH HISTORY

Drive inland to the country town of **Nebo**, where you can hear local legends and learn about the rich history of the Isaac region. Don't miss a hearty pub lunch at the historic **Nebo Hotel** and a visit to the **Nebo Museum**. If time allows, venture north to visit the ghost town of **Mount Britton**, an abandoned pioneer gold mining town of the 1880s, surrounded by dramatic mountain ranges.

Drive further inland to **Clermont**, admiring the changing landscapes and striking peaks of the Peak Range National Park along the way.

Stay: Clermont (accommodation may not be Trade Ready)

DAY SEVEN

COUNTRY ROAD TRIPS AND BEYOND

It's time to explore – visit the **Clermont Museum** to check out artefacts and machinery from the past, visit **Theresa Creek Dam** to drop in a line or enjoy some on-water sports, and explore the beautiful town and local shopping.

Finish your trip with a once-in-a-lifetime helicopter experience with **Bush Heli-Services**. Get a birds-eye view over nearby peaks including the incredible **Lords Table Mountain**, explore nearby mines and townships from the air, and the beautiful Theresa Creek Dam.

From here, you can return to Mackay via Peak Range Highway, explore off the beaten tracks through Dysart and Middlemount to get up close with Lords Table Mountain, or continue your journey along the Great Inland Way.

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