Fremantle Highlights

Wanju nidja Walyalup – Whadjuk boodja (Welcome this is Fremantle – Whadjuk land)

Discover the rich history of Fremantle with a ride through the historic town, and port city. From convict and colonial heritage to arts, food, culture, and one of a kind harbour views this 7.5km trip provides a taste of everything that Fremantle has to offer.

General Information
This cycle trail covers the highlights of Fremantle.

Distance
Approx. 7.5km.

Duration
Approximately one hour of riding time, plus stops.

Difficulty
This trail is generally flat bike path or on road cycling lanes with some climbing to reach Monument Hill.

Bike Hire
www.westcycle.org.au
Search ‘Bike Hire’ to find your closest Bike Hire location or visit the Fremantle Visitor Centre for bike hire options.

Parking
Parking is available throughout the City of Fremantle.

Transport
Fremantle can be reached by train and bus, providing access to a number of bike hire facilities. Free CAT bus services operate throughout the city.

Travel Tips
• All bike paths on this route are ‘shared paths’. Please give way to pedestrians at all times.
• Ride single file on bike paths. Ring your bell if approaching pedestrians from behind.
• Be alert, be predictable, and be courteous at all times.
• Bring water bottles. You can fill them up along the trail.
• Most importantly enjoy the sights of Fremantle.

Stops
1. Kings Square (Fremantle Visitor Centre)
2. Fremantle Markets
3. Fremantle Prison
4. Monument Hill
5. Fremantle Arts Centre
6. Victoria Quay
7. Round House
8. Bathers Beach
9. Fishing Boat Harbour
10. Cappuccino Strip

Legend
- Public transport
- Toilets
- Water fountains
- Food hub
- Playground
- Swimming
- Visitor Centre
**Trail Notes**

Fremantle is the perfect city to explore by bike, it’s mostly flat terrain and there are plenty of shared use paths and dedicated cycle lanes. Start your journey at Fremantle Visitor Centre under the Fremantle Town Hall clock.

1. **Kings Square**
   - From the Kings Square (1) turn left onto William Street. Continue to the roundabout at Parry Street, which is at the rear of the Fremantle Markets (2).
2. **Fremantle Markets**
   - Turn left onto Parry Street and exit right up the Fairfax Street ramp past Fremantle Oval to Fremantle Prison (3).
3. **Fremantle Prison**
   - At the entry to Fremantle Prison turn right onto Fothergill Street and follow this around the prison walls. Cross over Hampton Road, noting that this is a busy road, and continue along Fothergill Street to Solomon Street.
   - Turn left onto Solomon Street and head up to Monument Hill (4).
4. **Monument Hill**
   - Follow the road to the opposite side of Monument Hill and turn right onto the footpath adjacent to High Street. After approximately 50m turn left and cross the lights at the intersection of High Street and Swanbourne Street/East Street.
   - Follow the on road bike path along East Street past John Curtin College of the Arts on your left. After about 500m turn left onto Vale Street. After about 200m you will reach the Fremantle Arts Centre (5) on the corner of Ord Street and Finnerty Street.
5. **Fremantle Arts Centre**
   - Cross at the intersection of Finnerty Street and Ord/James Street and turn right to continue along the on road bike path to the intersection of James Street and Queen Victoria Street.
   - Cross the traffic lights at Queen Victoria Street and when you reach Beach Street turn right and follow the on road path for approximately 50m before turning left to pass under the Fremantle Railway line.
   - Follow the bike path as it veers to the left adjacent to the train line and the port of Fremantle for approximately 1km before you reach Victoria Quay (6).
6. **Victoria Quay**
   - From Victoria Quay continue along the bike path for approximately 500m along the bike path adjacent to the railway line to the Round House (7).
7. **Round House**
   - In another 500m you will reach Bathers Beach (8).
8. **Bathers Beach**
   - Stop at Bathers Beach or continue onto Fishing Boat Harbour (9).
9. **Fishing Boat Harbour**
   - Cross over the railway line opposite the tourist wheel and head across the Fremantle Esplanade. Cross over Marine Terrace and turn right for approximately 20m before turning left onto the on road path on Norfolk Street. Go up Norfolk Street to South Terrace and the Cappuccino Strip (10).
10. **Cappuccino Strip**
    - Turn left onto the Cappuccino Strip and finish your ride with a coffee, lunch or a quiet drink at one of the numerous cafes, restaurants or bars that make up the strip.

---

**Kings Square (Visitor Centre)**

A major community, public and retail space, Kings Square is also home to the Fremantle Visitor Centre - stop in for expert local advice on things to do.

**Fremantle Markets**

The Fremantle Markets, established in 1897, are a must see for locals and visitors alike. For over a hundred years traders have sold fresh local produce, art and crafts, and provided entertainment.

Opening hours:
- Friday 8am–8pm, Sat & Sun 8am–6pm
- Public holidays & special trading days

**Fremantle Prison**

Built by convict labour between 1852 and 1859 using limestone quarried on the site, the prison is one of Western Australia’s premier tourist attractions. It is the largest convict built structure in Western Australia and the most intact convict establishment in Australia.

In 2010, the site became the first building in Western Australia to be included on to the UNESCO World Heritage list as part of the ‘Australian Convict Sites’.

Opening hours:
- 7 days a week, 9am–5pm
- Tours from 10am

**Victoria Quay**

The Victoria Quay Precinct is home to the E Shed Markets and WA Maritime Museum. Ferries to Rottnest Island leave regularly from B Shed and cruise ships from the Fremantle Passenger Terminal.

Opening hours:
- E Shed Markets: Fri, Sat and Sun, 9am-5pm
- WA Maritime Museum: 7 days, 9:30am–5pm

**Round House**

Opening in 1831, the Round House is the oldest public building in Western Australia and overlooks the historic West End Precinct.

Opening hours:
- 7 days a week, 10:30am–3:30pm
- Entry by donation

**Cappuccino Strip**

Visitors stopping here can expect to taste Fremantle’s rich dining offer, from cafes, restaurants, and bars to dining outside along the street – with all food showcasing the town’s unique migrant history.