

SHELLHARBOUR BIKE MAP

Your guide to the bike routes & facilities in the Shellharbour area.

Toward Active Transport Shellharbour





SHELLHARBOUR CYCLING GUIDE & MAP

There is no better way to experience Shellharbour than on your bike. Whether by yourself or with family and friends the shared use paths allow you to explore with flexibility the sights within our city.

Shellharbour has great beaches as well as parks and reserves dotted along the coast so you are spoilt for choice when it comes to rest stops.

You can also enjoy the many cafés and restaurants on offer for a coffee, a cool refreshment or lunch while enjoying the views.

A 'must do' are the shared use paths around Lake Illawarra that offer spectacular scenery and ample areas for you to stop, relax and enjoy the surroundings.

Reddall Reserve provides a great family recreational area where children can paddle, swim and play. There are picnic and barbecue facilities available as well as playgrounds, picnic shelters, toilet facilities and a kiosk. Windang Island is a great place to explore. There are remnants of European heritage including wagon wheels and railway lines dating back to the early 1900's when works commenced to make Lake Illawarra a deep sea port.

Other areas around Lake Illawarra that are worth visiting include Boonerah Point Reserve, Skiway Park and Koona Bay Reserve.

Shellharbour Village is a popular spot to visit with award winning restaurants, cafes and specialty stores. You can also enjoy some fish and chips or a picnic along the harbour foreshore.



WHY RIDE A BIKE?





HEALTH

Cycling is a low impact form of exercise that can start from your front door. Making cycling as part of your commute to work is a convenient way of including physical activity in your day. This is easier to sustain than additional trips to gymnasiums or other exercise activities. Try one or two days a week commuting for a start.



ENVIRONMENT

Cycling provides a great alternative to vour car as statistics show that the bulk of our car use is for short trips. With the average Australian car emitting about 4 tonnes of carbon dioxide into the earth's atmosphere every year, cycling will help to reduce our greenhouse emissions and improve air quality.



RECREATION

Cycling is also a great way to enjoy Shellharbour's many parks and foreshore areas. Get kids riding for fun at a young age and they will be more likely to choose cycling as a preferred means of transport at a later age.



\$ FINANCIAL

Commuting to and from work by bicycle provides a low cost alternative to other forms of transport. For some, cycling can provide the opportunity to avoid owning a second car. Average running costs for a small to medium sized cars total about \$200 per week. Significantly higher costs can be expected for larger vehicles.



TIME SAVING

As a door-to-door form of transport, cycling can provide a comparable or even faster way to get around than a car or other modes.

CYCLING GUIDE LEGEND



Shared Use Paths

Off road paths available for use by pedestrians and cyclists. Cyclists must give way to pedestrians on these paths.



Low Traffic Volume Bicycle Routes

Unmarked low traffic routes that connect key locations and connect existing shared use paths.



On Road Bicycle Routes

Popular unmarked on road routes suitable for more experienced riders.



Bicycle Facilities on High Speed Roads

On road facilities in marked shoulder lanes. Suitable only for experienced riders.



Bike Locker Locations

Train stations have bicycle lockers for hire to keep your bicycle and accessories safe from wet weather and theft.

- Killalea State Park.
- 2 The area is still being developed however a temporary link exists for cyclist access connecting Sophia Street to Brigantine Street.
- To Wollongong Local Government Area.

 See Wollongong City Council Cycling Guide + Map for more information
- (4) Shared Use Path underpass links to Oak Flats train station under New Lake Entrance Road.
- S Jambaroo Road Cyclists will encounter steep sections of road with little or no shoulder.
- 6 Shared Use Path continues to the bridge at Minnamurra River.

 See Kiama Municipal Council cycleway map for more information







Although bicycles are not allowed on buses in Shellharbour, you can take your bike on Sydney Trains free of charge in non-peak travel times. However if some of your journey is made between 6am and 9am or between 3.30pm and 7.30pm during weekdays, you will need to purchase a child's ticket for your bike in addition to your own ticket.



BICYCLE LOCKERS FOR HIRE

All stations in Shellharbour City have bicycle lockers for hire to keep your bicycle and accessories safe from wet weather and theft. These stations include Shellharbour Junction. Oak Flats and Albion Park Rail.

Killalea State Park is a spectacular jewel and perfect place for a visit. The views here are magnificent and you can even see the skilled surfers in action at 'The Farm' beach, a National Surfing Reserve.

Blackbutt Reserve is a 250 acres natural bushland reserve offering a peaceful oasis and is perfect for picnicking, bird watching, bush walking and cycling.

For more information on parks and reserves: *visitshellharbour.com.au*





is ours to share



Keep to the left...Share the track

Keep left except when overtaking slower traffic. Look before you cross the path.



Ensure people are aware of your presence

Use your bell or call to warn when approaching.



Be courteous and respect each other

Cyclists give way to pedestrians. Always travel at a safe speed and watch out for other path users.



Move off the path when stopped

Avoid obstructing the path of other users.



Supervise & watch out for children

Children can be unpredictable in their movements, keep them safe.



Protect yourself and be aware

Follow the road rules and always wear a helmet, it's the law.



Be safe, be seen

Use lights, reflectors and wear bright colours to increase your visibility.



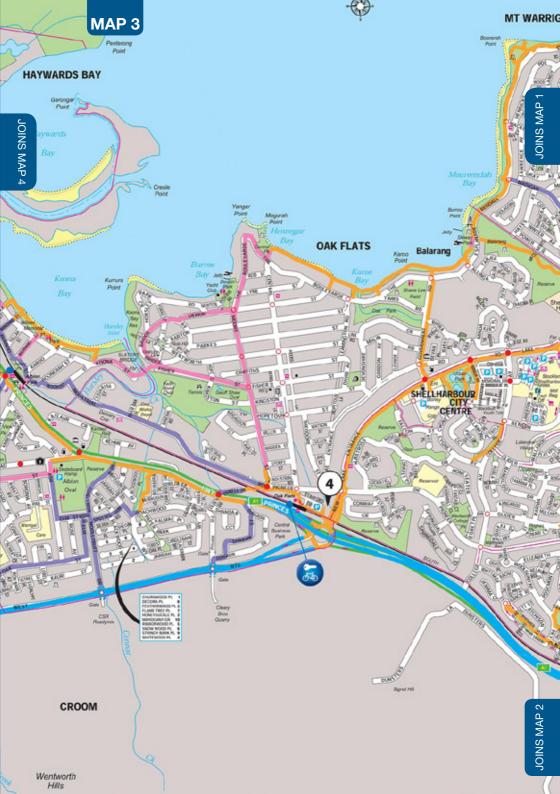
Control your dog

Keep dogs on a short lead and on your left, away from other path users.



Report a hazard

Report damaged or unsafe path conditions to your local council for action.



Need to report a hazard?



SAFER ROADS SHELLHARBOUR

MAKING IT EASIER FOR THE COMMUNITY TO REPORT AND ACCESS INFORMATION ABOUT OUR LOCAL ROADS



DOWNLOAD for **FREE** from the App store **NOW**

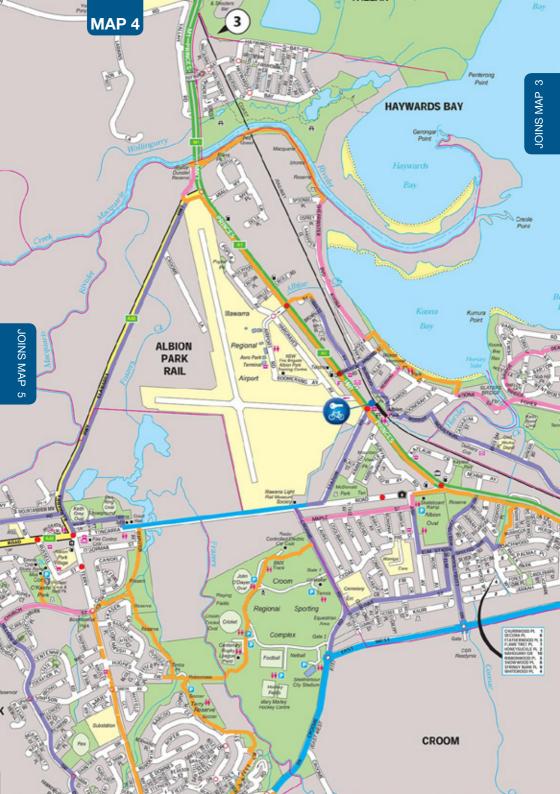


ROAD RULES & REGULATIONS

- Cyclists have the same rights and responsibilities as drivers and motorcycle riders with some additional rules specifically for cyclists.
- Cyclists are only permitted to ride on a footpath if they are under 12 years of age or accompanying a rider under 12 years.
- All bicycles must be fitted with an effective brake and a horn, bell or similar warning device.
- Cyclists and passengers must wear an approved, correctly fitted and fastened helmet.
- When riding at night, cyclists must have a steady or flashing white light on the front and a steady or flashing red light at the rear of the bike.

- Cyclists may ride two abreast but must ride within 1.5 metres of each other.
- Always use hand signals when turning or stopping.
- Cyclists must not ride on a pedestrian crossing unless there is a green bicycle light.
- Cyclists may overtake another vehicle on the left unless that vehicle is turning left and signaling.
- A cyclist may travel to the front of the line of traffic on the left side of stopped vehicles.
- Cyclists may turn right from the left lane of a multi-laned roundabout providing you give way to any other vehicle leaving the roundabout.

More information www.bicycleinfo.nsw.gov.au



SPARES & REPAIRS

While there are a number of cycle stores in the district they are not all open on weekends and cyclists should carry spare tubes, puncture repair kits and tools on all rides.

In addition to the cycling specialty stores some of the department stores and sports stores also carry a limited supply of cycle parts such as tyres, tubes and basic parts and as they have longer trading hours they may help in an emergency when the cycle stores are closed.



CYCLING EVENTS

Shellharbour Bike About

Held annually during Bike Week in September www.shellharbour.nsw.gov.au

Ride Around the Lake

Held annually in May www.ridearoundthelake.com.au

LOCAL CYCLE GROUPS

Illawarra Bicycle User Group Incorporated (iBUG) www.ibug.org.au

Illawarra Cycle Club www.illawarracycleclub.org.au Illawarra Triathlon Club Email: pjones@tpe.com.au

WEA Ramblers
www.illawarrabramblers.com.au

Wollongong Mountain Bike Club www.wmbc.asn.au

LOCAL BIKE STORES AND WORKSHOPS

Wilson's Bike Hub

185 Princes Highway Albion Park Rail NSW 2527 (02) 4256 1948

113 King Street Warrawong NSW 2502 (02) 4274 4534

6-10 Princes Highway Dapto NSW 2530 (02) 4261 5444

Avanti Plus

4 Regent Street Wollongong NSW 2500 (02) 4231 6323

Simple Cycles

80 Market Street Wollongong NSW 2500 (02) 4229 7888

Spearman Cycles

301 Keira Street Wollongong NSW 2500 (02) 4229 2317

Kiama Cycle and Sport

27 Collins Street Kiama NSW 2533 (02) 4232 3005

Independent Home Care

Mobility Scooters 21 Denison Street Wollongong NSW 2500 (02) 4227 4315







Shellharbour City Council 4221 6111 www.shellharbour.nsw.gov.au

EMERGENCY CONTACTS
Police, Fire, Ambulance 000

Police Stations Warilla 4295 2699 Albion Park 4256 1044

RMS 13 2213



VISITOR INFORMATION



Shellharbour Visitor Information Centre

Cnr Addison & Wentworth Streets Shellharbour Village NSW 2529

Phone: 02 4221 6169 or 1300 65 6169

Email: tourism@shellharbour.nsw.gov.au

www.visitshellharbour.com.au

Open 7 days 9am – 5pm (Closed Christmas Day & Good Friday)





Disclaimer

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